

H.E.A.R.T.H. Event: ***From Generation to Generation***

A seed education program weaving together ecology, gardening, and community-on-the-land themes.

Date: May 5, 12, 19, 26

Register by: Thursday, April 15th

Organizer: Joanne Thompson

Location: Fantasy Land Playground Pavillion, Front Royal

Cost: \$5 per student

Details:

<u>Grades</u>	<u>Time</u>
K-3 rd	1:00-2:00
4 th -7 th	2:30-3:30

Consider the miracle of the seed. In just 100 days one tiny seed weighing no more than 1/250th of a gram matures into a 8 to 9 inch head of broccoli weighing a pound or more, better than a one hundred thousand-fold increase in just over three months. The most brazen stock market trader wouldn't dream of such profits!

Too many children grow up with no conception of what nature can accomplish or where our food comes from. Do they think it appears spontaneously on a supermarket shelf, or worse, at their local fast-food establishment? How can we restore understandings about food, a most basic need?

Grade-by-grade activities of seed-saving projects invite young people on a journey of discovery by working with nature in ways that are rare in today's culture. Seed saving, once an essential skill passed from generation to generation by traditional farmers, is almost a lost art, as is the farming heritage out of which seed saving arose. By growing gardens and saving seeds, young people can reconnect to past generations of farmers and gardeners, renew food and farming traditions in their own community and work together to plant a sustainable future.